



spirit /ˈspɪrɪt/

n. 精神; 幽灵; 活力; 本质; 情绪; 烈酒
v. 偷偷带走

- ◆ The team's **spirit** was high after their victory in the championship game.

hype /haɪp/

n. (电视、广播等中言过其实的) 促销广告
v. 夸张地宣传 (某事物)

- ◆ Some audience found that the play didn't live up to all the **hype**.

befriend /bɪˈfrend/

v. (尤指和需要帮助者) 做朋友, 友善相待

- ◆ The nurse **befriended** him and offered help after he was discharged from hospital after recovery.

freshman /ˈfreʃmən/

n. 高一或大一新生; 新手

- ◆ I learned a lot during my **freshman** year.

unanimous /juˈnænɪməs/

adj. 全体一致的; 意见一致的

- ◆ The decision to cancel the trip was **unanimous**.

关联短语

unanimous consent 一致同意

wide /waɪd/

adj. 宽的; 广泛的; 睁大的

adv. 尽可能远地, 充分地

- ◆ The river is **wide**, making it difficult to cross without a bridge.

关联短语

World Wide Web 万维网

far and wide 到处, 各处; 广泛地

wide awake 清醒

prosperous /ˈprɒːspərəs/

adj. 兴旺的, 富足的

- ◆ His father is a **prosperous** businessman so he never worries about money.

netball /ˈnetbɔːl/

n. (女子) 无挡板篮球

defence /dɪˈfens/

n. 防御; 保护; 辩解

- ◆ In the past, people could only use sticks and stones as the form of **defence**.

关联短语

in defence of 以防卫

civil defence 民防

meaningful /ˈmiːnɪŋfl/

adj. 严肃的, 重要的; 意味深长的

- ◆ Leaders of two countries had a constructive and **meaningful** dialogue.

whether /ˈweðər/

conj. 是否; 无论, 不管

- ◆ He seemed undecided **whether** to go or stay.

permanent /ˈpɜːrmənənt/

adj. 永久的, 持久的

- ◆ They had no **permanent** address.

关联短语

permanent member 永久成员

permanent representative [外交] 常驻代表

permanent display 连续显示, 永久展示



forest /'fɔːrɪst/

n. 森林；一丛

- We went for a hike in the dense **forest** where we saw many animals.

关联短语

virgin forest 原始森林, 原始林

forest fire 森林火灾

forest reserves 森林保留地, 封山育林区

history /'hɪstri/

n. 历史（学）；经历

- The teacher told us interesting stories about **history** during class.

关联短语

medical history 病历

long history 悠久的历史

case history （医生用的）病历, （社会工作者用的）个...

reptile /'reptail/

n. 爬行动物

- Snakes are **reptiles**.

strawberry /'strɔːberi/

n. 草莓

- I picked a ripe **strawberry** from the garden to eat as a snack.

riddle /'rɪdl/

n. 谜语；谜，神秘事件

- The teacher presented a **riddle** for the students to solve during the fun day activities.

inherited /ɪn'herɪtɪd/

v. (“inherit”的过去分词和过去式)继承, 遗传

adj. 通过继承取得的; 遗传的

- He **inherited** a fortune from his uncle.

satisfactory /,sætɪs'fæktəri/

adj. 令人满意的

- We finally found a **satisfactory** solution to the problem after a series of discussions.

unnecessarily /,ʌn'nesəsəreli/

adv. 无用地

- Thousands of innocent people died **unnecessarily** from the war.

slippery /'slɪpəri/

adj. 滑的；狡猾的

- Drivers have been warned of the wet and **slippery** road.

关联短语

slippery slope 灾难性的急剧下滑；滑坡谬误（一种非形...

farcical /'fɑːrsɪkl/

adj. 荒唐的, 荒谬的, 可笑的

- The **farcical** six month's jail sentence imposed on a murderer aroused severe complaints among people.

publicize /'pʌblɪsaɪz/

v. 宣传, 宣扬, 推广, 传播

- He did charity but let the media not **publicize** it.

graphic /'græfɪk/

adj. 绘画的；图案的；生动的

n. 图表；图画

- This low budget movie they made has poor **graphic** quality.

关联短语

graphic design 图表设计法

graphics package 图形软件包



heritage /ˈherɪtɪdʒ/

n. 遗产；传统

- ◆ The parliament has passed a law to preserve cultural heritage.

puzzle /ˈpʌzl/

n. 谜；疑问，难题
v. 使困惑，使迷惑

- ◆ She enjoyed solving the puzzle to see the complete picture.

delicious /dɪˈlɪʃəs/

adj. 美味的；宜人的

- Who cooked this? It's delicious.

biology /baɪˈɒlədʒi/

n. 生物学；（动植物的）生理习性

- ◆ How far is human nature determined by biology?

instantaneously /ˌɪnstənˈteɪniəsli/

adv. 即刻；突如其来地

- ◆ Thanks to the Internet, people from different countries can communicate instantaneously.

bear /ber/

v. 承受，忍受；承担责任；支撑；生育；结（果实）
n. 熊

- She couldn't bear the thought of losing him.

关联短语

born to 生而享有，生而处于...情况

bear in mind 记住

bear on (捐税等)压在...上；使难以承受负荷；对准；向...瞄...

gentleman /ˈdʒentlmən/

n. 绅士；先生

- Thank you—you're a real gentleman.

alcohol /ˈælkəhɔːl/

n. 酒，乙醇

- He never drinks alcohol.

关联短语

alcohol content 酒精含量

fun /fʌn/

n. 乐趣；嬉戏；有趣的人
adj. 令人愉快的，有趣的

- We had a lot of fun at Sarah's party.

关联短语

make fun of 拿...开玩笑，取笑...

for fun 闹着玩儿地(的)；开个玩笑似地(的)

poke fun at 拿...开玩笑，取笑...

coffee /ˈkɒfi/

n. 咖啡（豆），咖啡色

- ◆ I like to drink coffee in the morning to wake up.

关联短语

coffee shop 小咖啡厅（常设在商店、旅馆等内，供应咖...

coffee break 工间喝咖啡休息时间

coffee pot 咖啡壶，〈美俚〉小餐馆

inherent /ɪnˈhɪərənt/

adj. 内在的，固有的，本性的

- There is an inherent weakness in the design.



dusk /dʌsk/

n. 薄暮，黄昏

- The street lights go on at **dusk**.

howl /haʊl/

v. 嗥叫；呼啸；大声叫喊

n. 嗥叫；呼啸；大声叫喊

- She began to **howl** like a wild animal.

church /tʃɜːrtʃ/

n. 教堂；基督教教派

- We go to **church** every Sunday as part of our family tradition and to worship together.

emperor /ˈempərər/

n. 皇帝

- The **emperor** ruled over a vast empire with many different cultures.

electron /ɪˈlektrɔːn/

n. 电子

- In the first biology class, the teacher taught students how to use the **electron** microscope.

meaningless /ˈmiːnɪŋləs/

adj. 毫无意义的，毫无目的的，无价值的，不重要的

- He decides to quit because he has had enough of those **meaningless** tasks.

outcry /ˈaʊtkraɪ/

n. 大声疾呼；强烈抗议

- Despite an **outcry**, the local hospital refused to change its regulations.

disposable /dɪˈspəʊzəbl/

adj. (物品) 一次性的，用完即丢弃的；可支配的，可使用的
n. (美口) 使用后随即抛掉的东西 (尤指容器等)

- The mother uses both **disposable** nappies and washable nappies.

关联短语

disposable income 可用收入

disposable chopsticks 一次性筷子

disposable worker 临时工

pluck /plʌk/

v. 摘，拔(去)；弹拨(弦)；解救

n. 胆识，胆量，勇气；内脏；快而猛的拉

- Emily tried to **pluck** a lemon from the tree.

travail /ˈtræveɪl/

n. 艰辛，艰苦劳动，煎熬，痛苦

v. 辛苦工作，发生[感到]阵痛

- The team, despite their recent **travails**, are still in the game.

relic /ˈreɪlɪk/

n. 遗迹，遗物，遗风，遗俗

- Archaeologists found a beautiful mural in a **relic** from the Stone Age.

misinformation /ˌmɪsɪnfəˈmeɪʃn/

n. 误报

- Unfortunately, the truth has been buried under a mountain of **misinformation**.

search /sɜːrtʃ/

n. 搜寻，查找；搜索，检索

v. 搜寻；搜身；思索

- Detectives carried out a thorough **search** of the building.



analyse /'ænaləɪz/

v. 分析; 化验

- The DNA samples have been sent to the laboratory to be analysed.

deplete /dr'pli:t/

v. 耗尽, 大量减少

- The illness depletes the strength of body.

inexpressible /,ɪnɪk'spresəbl/

adj. (强烈得) 难以言传的

n. (古) 裤子

- He felt a sudden inexpressible guilt.

albeit /,ɔ:l'bi:ɪt/

conj. 尽管, 虽然

- He agreed to help me, albeit reluctantly.

concur /kən'kɜ:r/

v. 同意, 赞同, 意见一致; 同时发生

- The experiment result concurs with the theory.

关联短语

concurring opinion 并存意见

concur with 与一致

campus /'kæmpəs/

n. 大学校园

- The university campus is large and has many green spaces for students to relax.

quick-witted /kwɪk'wɪtɪd/

adj. 聪颖的, 机敏的, 机智的

- Lucy is an intelligent student, quick-witted and humble, so she doesn't need to worry about the job seeking.

spicy /'spaisi/

adj. 辛辣的; 加香料的; 刺激的

- You have added too much pepper to the soup and made it spicy.

except /ɪk'sept/

conj. 除了, 只是

prep. 除...之外

- The restaurant is open everyday except Monday.

关联短语

except that 除了

except for 除了...外; 除去, 撇开; 要不是由于

upon /ə'pɑ:n/

prep. 在...之上; 一...就; ...又...;

- Upon reaching the summit, they celebrated their achievement with joy.

brush /brʌʃ/

n. 刷子; 画笔; 轻擦; 小冲突; 灌木丛

v. 刷; 轻擦; 掠过

- Your shoes also need a good brush.

关联短语

brush up 在...上刷漆; 刷干净; 使整洁; 重温, 再练(荒疏的...)

brush aside 不理, 不顾, 漠视; 把...推在一边; 排除

brush off 刷去, 掸掉(= brush away); 刷(后)脱落; <美口>...

conspire /kən'spaɪər/

v. 密谋, 图谋, 阴谋, 似乎共同导致(不良后果)

- These two criminals were conspiring together to escape from prison.

visualize /'vɪʒuəlaɪz/

v. 想象, 设想; 使形象化

- Although he tried to describe the house, I still couldn't visualize it.



strand /strænd/

n. 股, 缕; 部分; 岸
v. 使滞留; 使搁浅

◆ The man reached out and brushed a **strand** of hair away from the woman's face.

undesirable /ˌʌndɪˈzɑɪəbl/

adj. 不合意的; 有害的; 讨厌的; 不想要的
n. 不受欢迎的人; 不良分子

◆ Certain behaviours are labelled as **undesirable**.

buffer /ˈbʌfə/

n. 缓冲物; 缓存
v. 减缓; 缓冲储存

◆ His little daughter often acts as a **buffer** between he and his wife.

tick /tɪk/

v. 滴答响; 打钩号
n. 滴答声; 钩号

◆ While we waited, the taxi's meter kept **ticking** away.

slim /slɪm/

adj. 苗条的; 单薄的; 少的, 小的
v. 减肥

◆ She was a young woman, fairly tall and fairly **slim**.

关联短语

slim down 减缩; 减少

warehouse /ˈwerhaʊs/

n. 仓库

◆ They operate three factories and a huge **warehouse**.

eclipse /ɪˈklips/

v. 遮住...的光; 使黯然失色
n. 日食, 月食; 黯然失色

◆ Though a talented player, he was completely **eclipsed** by his brother.

recollect /ˌrekəˈlekt/

v. 回忆, 追想

◆ The long-lost friends **recollect** the carefree days of their youth at the reunion.

dormitory /ˈdɔːrmətɔːri/

n. 宿舍

◆ Female students under twenty-one were required to live in **dormitories**.

duplicate /ˈduːplɪkeɪt; ˈduːplɪkət/

v. 复制; 使加倍; 重复
adj. 复制的; 完全一致的

◆ The video was **duplicate** illegally.

characterise /ˈkæərɪkəˌraɪz/

v. (=characterize) 描述...的特性; 以...为典型, 以...为特征

◆ We tend to characterise people by their appearances.

ladder /ˈlædə/

n. 梯子; 阶梯; 抽丝
v. (裤袜等) 抽丝

◆ I used a **ladder** to reach the top shelf in the kitchen.

关联短语

climbing the corporate ladder 职位晋升

social ladder 社会阶梯

the top of the ladder (同行中的)最高地位;事业的最高峰



rope /rəʊp/

n. 绳索, 线缆
v. 用绳子捆

◆ The rope broke and she fell 50 metres onto the rocks.

cashier /kæʃɪr/

n. 收银员, 出纳员
v. 开除

◆ She was working as a cashier when robbers threatened her with a knife.

speed /spi:d/

n. 速度; 迅速
v. 快速前行, 快速运送; 加速; 超速驾驶

◆ The speed of the car was impressive, reaching 60 miles per hour in just a few seconds.

关联短语

speed limit (道路的) 最高车速限制
gather speed 加速
speeding ticket 超速罚款条

inventor /ɪn'ventər/

n. 发明家, 发明者, 创造者

◆ The Edinburgh-born scientist Alexander Bell is the inventor of the telephone.

mouthpiece /'maʊθpi:s/

n. 喉舌, (乐器)吹口, 主要用于美式英语

◆ He has betrayed his belief and become the mouthpiece of the opposition party.

emissary /'emɪsəri/

n. 特使, 密使
adj. 密使的, 间谍的

◆ He was appointed as the emissary to that country.

low-density /ləʊ 'densəti/

adj. 低密度的

◆ Feeling stressed in the crowded downtown, he plans on moving to the low-density suburb for relaxation.

moist /mɔɪst/

adj. 潮湿的, 湿润的

◆ The explorers felt sick of the moist air in the tropical forest.

kindness /'kaɪndnəs/

n. 善良; 宽容; 友好的行为

◆ Confucius told his followers to treat people with love and kindness.

camel /'kæmɪl/

n. 骆驼

◆ The camel symbolized the desert and was used to travel across the sands.

modesty /'mɒ:dəsti/

n. 谦逊, 虚心, 端庄, 朴实

◆ He accepted the award with characteristic modesty.

intimate /'ɪntɪmət/

adj. 亲密的, 紧密的; 私人的
v. 透露, 暗示

◆ I only share my secrets with my intimate friends.

detrimental /,detrɪ'mentl/

adj. 有害的

◆ These chemicals are detrimental to our health.



mobility /məʊˈbɪləti/

n. (住处、社会阶层、职业方面的) 流动能力, 移动的能力

◆ There is great **mobility** of labour between areas.

关联短语

social mobility 社会流动; 社会流动性

indoor /ˈɪndɔːr/

adj. 户内的, 室内的

◆ There is a big **indoor** swimming pool in this hotel.

but /bʌt/

conj. 但是; 尽管如此; 相反; 除...外

prep. 除了, 除...之外

◆ His mother won't be there, **but** his father might.

关联短语

nothing but 除...之外没有什么; 只不过, 仅仅

but also 而且

but rather 而宁可说是

warm /wɔːrm/

adj. 温暖的; 保温的; 热心的

v. 使暖和

◆ I like to wear a **warm** coat during the winter.

关联短语

warm and fuzzy 暖和舒适的; 多愁善感的

global warming 全球(气候)变暖, 地球大气层变暖

warm to 对...变得感兴趣, 对...产生好感

studiously /ˈstuːdiəsli/

adv. 刻意地, 成心

◆ She **studiously** avoided making eye contact with him during the meeting, clearly trying to ignore his presence.

shorthand /ˈʃɔːrthænd/

n. 速记法

◆ He took down the meeting notes in **shorthand**.

unwieldy /ʌnˈwiːldi/

adj. 笨重的, 笨拙的, 不灵巧的, 难控制(或操纵、管理)的

◆ A bed is a very **unwieldy** item to get up a flight of stairs.

mourn /maʊn/

v. 悲伤, 哀悼

◆ They **mourn** the passing of a simpler way of life.

needy /ˈniːdi/

adj. 缺乏生活必需品的, 贫困的, 缺乏自信的, 需要精神支持的

n. 穷困的人

◆ The proceeds from the sale go to help **needy** people in rural areas.

amplify /ˈæmplɪfaɪ/

v. 放大, 增强; 进一步详述

◆ The old man wears a hearing aid to **amplify** sounds.



flexibility /ˌfleksəˈbɪləti/

n. 灵活性, 弹性, 挠性, (光的) 折射性

◆ The regulations are strict and do not allow much flexibility.

chatter /ˈtʃætər/

v. 喋喋不休; 唠叨; 闲谈; (牙齿) 打颤

n. 喋喋不休; 唠叨的话; 鸣叫声

◆ The children chattered to each other excitedly about the next day's events.

side /saɪd/

adj. 旁边的; 次要的

n. 一侧; 一面; 边缘; 身边

◆ I always prefer to sit on the left side of the bus because I can see the view better.

关联短语

side by side 肩并肩地; 一起; 等同地

side street 小路, 小街

at the side of 在...旁边, 在...附近; 和...在一起比较

illustration /ˌɪləˈstreɪʃn/

n. 插图; 图解, 图示; 实例

◆ The color illustrations in that book can draw children's attention.